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## Cabled Crochet with Marly Bird

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### Chapter 1 - Introduction

#### Overview

(upbeat instrumental music) - Hi, I'm Marly Bird and I'm a knitting and crocheting designer, as well as a teacher and host of the Yarn Thing podcast and the Marly Bird YouTube channel. In this technique I'm going to show you how to work some crochet cables. (upbeat instrumental music)

### Chapter 2 - Cabled Crochet

#### Cabled Crochet

- To work this technique you need to have some yarn, a crochet hook, a good pair of scissors. Let me show you how to do this. To begin, I've gone ahead and completed two rows of half double crochets with a total of 10 half double crochets. I'm starting off this next row with a chain two, and I'm gonna half double crochet in the next four stitches. You do not have to work the half double crochets to complete a crochet cable, but I'm doing half double crochets just because it works really well with this pattern. I've done four half double crochets and to work a crochet cable we're going to do a front post treble crochet into this stitch one row below. So, in this stitch, I'm gonna drop down here and I'm going to go into the right side of that stitch, out the left side, and I'm working through the post. Yarn over, pull through. Now I complete my treble crochet. So yarn over, pull through two stitches. Yarn over, pull through two stitches. So on and so forth. Okay. I'm gonna do that again. I'm gonna go in and out, around, and do this like this. I'm gonna do this a total of four times. - [Man] Just go ahead and do it one or two times. Just go ahead and do it one or two times. - I've completed four front post treble crochets. I'm going to skip four half double crochets back here, and I'm gonna finish off my row with two half double crochets. I'm gonna go ahead in chain two and work a row of half double crochets all the way back. When I'm working this row, I wanna make sure that I'm only working into the top of the stitches I just created. I am not going to work into those skipped stitches. There's the skipped stitches, and we're not going to work into those. I'm at the end of the row. I'm gonna start with the chain two and turn, and this is where we start to build the crossover of our cables. I'm gonna go ahead and work my half double crochets over to the post stitch section. So I have four half double crochets. And now it's time for me to do some post stitch work. If I want my cable to go in this direction, I'm gonna have it lean. What I wanna do is I'm gonna put a front post treble crochet into this treble. So I'm gonna skip that front post treble, skip that one, and we're gonna work our front post treble crochet into that one. I'm going in from right to left, yarn over, pull up a loop, and I complete my treble crochet. I'm gonna do that one more time into the next stitch over. So I go in from right to left. So I'm going around that post and I'm completing my front post treble crochet. Now, what I need to do is I'm gonna come all the way back over here to the first skipped front post treble crochet, and I'm going to work a stitch into that one. So I've yarned over my hook twice, I'm coming over here to the first one we skipped, going in from right to left, and completing a front post treble crochet. I'm gonna do that one more time into the very next one, so it's the second stitch we've skipped, and complete that one. In essence, we've reversed the order that we went to complete our stitches. I finish off by making sure I skip those four stitches back there that are represented with these stitches now, and I finish off with my two half double crochets. If I set this down, as you can see here, we have stitches that are now crossed over one another creating a cable. You would carry on in this pattern working half double crochets back, and

then you'd repeat these rows. Let me show you what this looks like after you repeat these rows. I'm gonna pull this guy in so you can see. We've completed the first row of front treble crochets, and that is right here. And then we did a regular row of half double crochets. And then we did half double crochets up to the front post treble crochets that we actually crossed over. If we continue on with just a row of half doubles and then repeat the front post trebles and then half doubles, and repeat the front post trebles crossed over, you get a really great rope cable look in your crochet. Now this is a project that, it will be written in the pattern, whatever you're working with, whether it's four stitches wide, six stitches wide, whatever it may be. the general process of making crochet cables is all about the post stitches. So, you're going to do the front post around the stitches a couple rows below. And the way you cross them over is how the cables are going to look, whether they're right leaning, left leaning, rope-like, or braid-like. It all will be written out in your pattern, but now you know the general process of it and you can create any cable you want.