
Lingerie Sewing: The Noelle Panty with Madalynne Intimates

Chapter 1 - The Noelle Panty

Overview

(gentle music) - Hi, my name is Maddie Flanigan. I am the owner of Madalynne Intimates, a Philadelphia-based lingerie company offering both ready-made and DIY lingerie kits. I also host monthly workshops out of my studio. Today we're gonna be making a very basic underwear. Undies, panties, knickers, whatever you want to call them, it's a really fun DIY project that you can complete in less than two hours. By making the Noelle underwear, you're gonna learn how to deal with stretch fabrics and sew elastic. Let's get started.

Materials

- Let's go over the supplies to make the Noelle underwear. First you'll need to print out your PDF pattern, which you can download in the Materials section of this class. For the main fabric, choose something with a bit of stretch. Some options are stretch lace, stretch mesh, or jersey. For the lining, I suggest to use a stretch mesh and for the crotch lining or gusset use 100% cotton jersey. For the Noelle, you only need to use one type of elastic, which is 3/8ths of an inch picot plush elastic. You also need pins. You don't need any special pins to make the Noelle. You'll need a rotary cutter for cutting out your fabric, snips for trimming your thread tails, and needles that are appropriate for your fabric, paper scissors to cut out your pattern, a temporary spray adhesive such as Odif's 505. You'll also need a sewing machine. You don't need a special sewing machine to make the Noelle. All you need is one that has a straight stitch and a zigzag stitch.

Cutting out the pattern

- You've gathered your supplies, and now let's start cutting. Once you've printed out your pattern, you're going to tape it so that the black dots match. And then you're gonna use the size chart in your PDF download to determine your size. For this class, we'll be cutting in size medium. You may be wondering if lingerie has a grainline. In normal garment sewing, and by that I mean woven tops, dresses, pants, jackets, they're what's called grainline. And this is used to indicate the direction of the fabric that stretches the least, but in lingerie you wanna think in terms of direction of greatest stretch. Generally speaking, you want the direction of greatest stretch going around the body. How do you find direction of greatest stretch? It's pretty simple. You wanna take your fabric and stretch it one way and then stretch it the other. Make sure that you're stretching it inside the fabric and not at the edge. Whichever direction stretches more is the direction of greatest stretch. And you want to make sure that you align the pattern with this line. Cutting fine fabrics used for a lingerie can be difficult. There's a lot of shifting and it can move. My secret weapon is a temporary spray adhesive such as Odif's 505. I use it to spray baste the main fabric and the lining fabric together, and then I treat that pattern piece as one. For the Noelle, you gonna spray baste the main fabric and the lining fabric of the front only. You'll leave the back not spray basted. And this is because this will allow us to clean finish those seam allowances so that you don't have to use an overlock or a serger. Once you've spray basted your main fabric and your lining fabric together, you can go out and cut out your pattern. Our pattern is cut out. For the front, we spray basted the main fabric and the lining fabric together, but for the back we've cut them separately. And then we also have the crotch lining or the gusset cut out of a hundred percent jersey.

Assembling the panty

- Now comes the fun part, sewing. The first step is to sew the side seams and the crotch lining. We're gonna sew in a way so that the seam allowances are encased in the seam, so that you don't need an overlock or a serger. To do this, you're gonna take the main fabric of the back panel and with right sides facing, pin it along the side seam of the front. Then, you're gonna place the lining fabric of the front against the lining fabric of the back and re-pin it along the side seams. You're gonna sew it with a quarter of an inch seam allowance. All the seam allowances on the Noel are a quarter of an inch. (machine whirring) Once you've sewn the side seam, you're gonna flip everything to the right side and as you can see, the seam allowances are encased between the main fabric and the aligning fabric of the back. Now to sew the crotch lining, you are going to flip the entire underwear inside out. Pin the front to the back at the crotch and then you're gonna place the right side of the crotch lining against the wrong side of the underwear, and re-pin it along the crotch seam. Then you're gonna sew the crotch seam quarter of an inch seam allowance with a straight stitch. (machine whirring) Once you've sewn the crotch seam, you are going to press that cotton jersey lining forwards and then pin in place, and as you can see by sewing it this way, we have encased the seam allowances in the crotch seam and in the side seam and there's no need to finish the top edge of the crotch lining because it's jersey and it doesn't fray, you can leave that edge raw. Now we're gonna sew the elastic to the waist and the leg openings, but before we start sewing, let's go over a few elastic basics. First, elastic has a right and a wrong side. So the fuzzy side or the plush side should always be against your body on the finished garment. Also, there is a picot edge and on the finished garment, the picot edge should be peeking out. To sew the elastic at the waist with the underwear right side out, you're gonna place the elastic down so that the flat edge of the elastic is on the edge of the fabric. Now because our seam allowances are a quarter of an inch and our elastic is three eighths of an inch, you want it to hang over about an eighth of an inch. Also, you're gonna start the elastic about a half of an inch away from the side seam. You're gonna switch to a zig zag stitch and then adjust your zig zag stitch length and width according to your machine. Then, you're gonna start sewing. You want that zig zag stitch to hit right on the picot edge. A question that I get a lot is do you stretch elastic when sewing? I don't, I set all elastics flat, meaning I don't stretch it with the Noelle. And once you get close to the edge or once you get close to where you started, you're gonna overlap the elastics about a half of an inch. You don't have to backstitch. Then I'm gonna cut my elastic, so that it aligns with the side seam. As you can see, I stitch close to the picot edge. I didn't stitch on the flat edge. You're gonna repeat sewing the first pass of the zig zag stitch at the leg opening. I've sewn the first pass of zig zag stitches on the elastic at the waist zone leg opening. Now I'm gonna turn it to the wrong side, and I'm gonna stitch another zig zag stitch pass on the opposite edge, so the flat edge. (machine whirring) And there you have it, you've made a Noelle. I really hope you enjoy this class. If you make an underwear, then please upload it to the class gallery or upload it to Instagram and be sure to tag me @mmadalyne or Creativebug @creativebug.