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## Stitched Cards with CBTV Live

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### Chapter 1 - Chapter 1

#### Stitched Cards

(bright music) - Hi, everybody. It's Liana, from creativebug. I'm here, as we are every Tuesday and Thursday at 4 pm, Pacific time, and that is 7 pm for you east coasters, welcome! Did you guys know that Mother's Day is this weekend? I bet you did. And for those of you who didn't know, now you know. It is also, fun fact, Courtney Cerruti's birthday today. So, Courtney, if you are watching, from vacation, I hope that you are having a great day. And I hope that you're also not watching this, and that you're out having a fabulous time. So, anyway, back to Mother's Day. I started thinking, what can we do for Mother's Day, as crafters, that really feels like an authentic gift, something that's easy, that we can all do, and maybe can accentuate something that you have already done. So, let me give you a little for instance, and, Mom, if you are watching, turn it off right now. You can watch this later, like, on Monday. After I've given you your gift. So, for my mom this year, I've actually been working on this knitted socks. Aren't they cool? I bought this yarn for her about 10 years ago, and I finally got around to knitting the socks for her, so I hope she's surprised. I loved working with the yarn so much that I thought, what could I do with this that is really cool? And I wanted to incorporate it into a card for her. So, I went ahead and made this card, which has pieces of the yarn, and I sewed it on to the card. So you can buy these cards, I know we got these at Jo-Ann. You can get just, like, packets of cards at all kinds of places. I recommend getting a package. I like having 12 because you might mess it up and need to start over again. So you can also practice this technique on pieces of card stock, on scrap paper, and you're going to do it on your sewing machine. So you can use just any kind of standard needle in your sewing machine, you don't need anything fancy, just standard thread, needle. You just wanna make sure that you don't try to sew fabric again if you are gonna sew through paper. And I like to actually keep my needles, where I use them on paper, I just keep it separately, I actually stick it in a corkboard and it says paper. And I just know if I ever wanna sew with paper, just take that one out and use it again. And if you have questions as we go, feel free to write in, I'm here, live, to help. So, I'm gonna use some yarn, some hot pink yarn so you can see it really well. And I'm gonna show you how to sew yarn onto paper using a zigzag stitch. I went ahead and just, like, penciled Mom on a card, because it's got lots of nice, sharp angles, and that makes it really easy to do on a sewing machine, especially if you're not using a fancy free motion foot. I'm just using a standard presser foot. So, let's take it over to the machine. I've just cut off kind of a manageable piece, I prefer that to having it all stuck to the ball and then having to manage the ball of yarn, and what's going on over here. So, I just lay the yarn down right along the pencil line, a little bit further, actually, because you can cut it off. So I'm gonna take it over, really try to line it up, this is the hardest part, is just lining it up with your pencil line, set the presser foot down, and it's gonna be kind of tucked in there. So you wanna make sure that you are set to a zigzag stitch, you want that zigzag stitch to be nice and wide, so mine is on, I guess that's four and a half. And I have it at about a length of two. So, you know, not super short and not super long. And, let's just see how it looks. So I always drop the needle down first, once and then twice, just to kind of lock it in by hand before I start sewing. And there we are at the top of the M, with the needle down, you're just going to pivot the whole thing around, feels kinda crazy, and then just hold it down, again, right there on that line, if you're not sure which way you're zigging and zagging, see, like right there? I'm just gonna move my card, because I realized I was going to the right. So, there

we go again. Do you feel like you could do this? I think that you can. And here we are, we're gonna go back the other way, but do you see how cool this is looking, with the white stitches on the hot pink? Your mom's gonna love it! Moms love cards, what is it with mom's and cards? Like, every holiday is an opportunity. And we all have a, we challenge each other, we try to see who can make Mom cry with sentiment. Not bad tears, good tears. (laughing) Should probably clarify that. So, back down at the beginning, and I just pull it out like that, break it off, can't see my threader, can you see it? I don't know where it went. I swear, I haven't been drinking. And there is an M! One beautiful M. The O is done very similar. I like to cut my threads before I move on. Look how cool this looks on the back side, too. So when you open the card, it'll look awesome. Let's try an O. So again, just gonna grab my little piece of yarn, and this technique is actually called couching, there's an actual term for this in sewing. And this is typically done on fabric. So anytime you are trapping a piece of yarn, or thread, sometimes it's done with rope, with your stitches, with a zigzag like this, it's called couching. Now you know, there's an official term. It's a really cute way to decorate. You could do scarves, or, like, the hem of a dress. How cute would that be? So as you play with this at home, remember, guys, this is for mom for Mother's Day. Your mom has an entire lifetime of receiving handmade gifts from you that may not have been perfect. So embrace the imperfect here, is basically what I'm trying to say. Go slow, have fun, we're almost back at the beginning. And there we are. And if you, like me, go off of your pencil line a little bit, you can always go in with an eraser and erase it. Or you can decide that you don't care. That's always an option, too. So these threads are not super secure, but, you know what? You're not going to be wearing your card, and you're not going to be running it through a washing machine. So I think for a one time use, it turns out pretty cute. Let me show you one that I did earlier. So this one, I just had a lot of fun. I did Mom, and then I did some, like, scribble marks, because it's kind of, like, you know, the homage to when you're a kid and you make the scribble card. Some little doodle bits, and I think it turned out pretty fun. So, that is one technique you could employ. You don't have to have knit your mom a pair of socks in order to have fun with a yarn card. You could just go straight to yarn card. And maybe next year you'll knit the socks. Let me now show you another fun thing I like to do. These are with fabric, so if any of you out there have sewn something for your mom, or maybe you just have some pretty scraps lying around, this is so much fun to do. So, I went ahead and cut out a piece of fabric that is the actual dimensions of my card. And then I also cut out, I just literally penciled onto this fabric a little leaf design. So just three little leaves and a stem. If you feel more comfortable, you could use a stencil. I know, like Alabama Chanin has some great stencil designs that you can use to do something like this. And just cut out the shapes. So, once you have your rectangle and your shapes, you're ready to go to the machine, and let's see how it looks. And Faith, I'm talking a mile a minute over here, so if anybody has questions, feel free to interrupt me. - [Faith] We did have a great comment from Nancy, who mentions that the Mom card will say Wow inside. - Wow, Mom. I love it, Nancy. (laughing) You are absolutely correct. So, my favorite thing about this is that if you start here at the stem, there's actually a way we can do this where you never have to break the thread. So let's try it out, shall we? All right, lining this up, you do kind of have to get yourself situated, and you might be tempted to glue, and you could, don't glue anywhere around where you're going to stitch, because you're gonna gum up your needle. All right, I'm gonna start at this bottom edge, we're gonna start a zigzag. Just for your information, I have my tension set at zero for this. I have found, on my machine, that zero works really well. You might find a different tension, so that's why you want to start with a piece of scrap paper before you dive into your official Mother's Day card. I'm just going right along the edge here. When you get to the edge, stop with your needle down, turn, check to

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see which way it's going, oh, it's going too far, so I'm gonna give it a scooch. Okay, we're almost to the fun part, which is the leaves. I love the leaves. Okay. This one's going a little off course, but that's okay. Remember, we're forgiving ourselves, as your mom will forgive you for your imperfections. Okay, one more here. Okay, when you get to your stem, just go right up along the side, and then you can go right up along the leaves. Just one more. Turn it around, and then we're going to go right up to the next leaf. At least I think we are. Until the machine breaks. I knew this was gonna happen. Always when we're live. All right, I had to break the thread. But you just start again. I heard an audible gasp from Faith when the machine just did that. (dramatic gasp) Not the machine! Okay, if it puckers up a little bit like that, just lift up your presser foot and smooth it out, easy. Okay, and then one more leaf. It's kind of amazing you can do this on a sewing machine without a free motion foot. And then right down the other side of your stem. Boom. Custom Mother's Day card design. Hooray! And if that bothers you, you know what, you can just snip it. Just like that. And I think it looks so cool on the inside, too. In fact, it almost looks like, cooler in a way. So that is one idea, here's another one in an even more vibrant color. And if you want, you could even just get these little, like, scraps of fabric and layer them on top of each other like this for kind of a little patchworky effect. I think that your mom is going to love these ideas. I hope that you love them, too. And they're also great ideas for baby showers, birthdays, it doesn't have to be Mother's Day, it could be any reason. I hope you all enjoyed this, and come back every Tuesday and Thursday at 4 pm for our live demonstrations. Thanks, everyone. (bright music)